



True Lite Screening

Your Essential Health Check

This screening provides a quick and efficient overview of your health with no fasting required.

\$95

- Height, Weight & BMI Measurement
- Blood pressure measurement
- No Fasting required
- Post blood test review by physician

Blood Cholesterol

- Chol / HDL Ratio
- Direct LDL
- HDL Cholesterol
- LDL Cholesterol
- Total Cholesterol
- Triglycerides

Haematology

- ESR (Inflammation Marker)
- Full Blood Count

Bone & Joints

- Calcium
- Phosphate
- Rheumatoid Factor (RF)
- Uric Acid

Diabetes

- Blood Glucose (Random/Fasting)
- Estimated Average Glucose (eAG)
- HBA1C

Liver Function Test

- Total Bilirubin, Total Protein , Alk Phosphate, ALT/AST & GGT

Urine Analysis

- Urine FEME

Renal Function Test

- Bicarbonate
- Chloride
- Creatinine
- eGFR
- Potassium
- Sodium
- Urea
- Urine Microalbumin/ Creatine Ratio



True Advanced Screening

A Comprehensive Health Evaluation

This screening provides a deeper assessment of your health.

\$175

- Height, Weight & BMI Measurement
- Blood pressure measurement
- No Fasting required
- Pre Screening Consultation (Medical History & Physical Examination)
- Post Screening Consultation

Blood Cholesterol

- Chol / HDL Ratio
- Direct LDL
- HDL Cholesterol
- LDL Cholesterol
- Total Cholesterol
- Triglycerides

Bone & Joints

- Calcium
- Phosphate
- Rheumatoid Factor (RF)
- Uric Acid

Diabetes

- Blood Glucose (Random/Fasting)
- Estimated Average Glucose (eAG)
- HBA1C

Haematology

- ESR (Inflammation Marker)
- Full Blood Count

Hepatitis

- Hepatitis A Total IgG
- Hepatitis Bs Antigen (HBsAg)
- Hepatitis Bs Antibody (HBsAb)

Renal Function Test

- Bicarbonate
- Chloride
- Creatinine
- eGFR
- Potassium
- Sodium
- Urea
- Urine Microalbumin/ Creatine Ratio

Urine Analysis

- Urine FEME

Thyroid Function

- Free T4 (FT4)
- Thyroid Stimulating Hormone (TSH)

Vitamin Deficiency

- Vitamin B12

Liver Function Test

- Total Bilirubin, Total Protein , Alk Phosphate, ALT/AST & GGT



True Elite Screening

Comprehensive Health Assessment

This advanced screening evaluates your health with a focus on identifying key risks through detailed diagnostics.

\$350

- Height, Weight & BMI Measurement
- Blood pressure measurement
- No Fasting required
- Pre Screening Consultation (Medical History & Physical Examination)
- Post Screening Consultation

Blood Cholesterol

- Chol / HDL Ratio
- Direct LDL
- hsCRP
- HDL Cholesterol
- LDL Cholesterol
- Total Cholesterol
- Triglycerides

Bone & Joints

- Calcium
- Phosphate
- Rheumatoid Factor (RF)
- Uric Acid

Haematology

- Full Blood Count
- ESR (Inflammation Marker)

Hepatitis

- Hepatitis A Total IgG
- Hepatitis B Antigen (HBsAg)
- Hepatitis B Antibody (HBsAb)
- Hepatitis C Antibody (HCVAb)

Heart

- Electrocardiogram (ECG)

Liver Function Test

- Total Bilirubin, Total Protein , Alk Phosphate, ALT/AST & GGT

Iron Studies

- Iron
- Total Iron Binding Capacity (TIBC)
- % Iron Saturation
- Transferrin
- Ferritin

Stool Analysis

- Stool Occult Blood (Immunological)

Thyroid Function

- Free T4 (FT4)
- Thyroid Stimulating Hormone (TSH)

Tumour Markers

- Alpha Fetoprotein (Liver)
- Carcinoembryonic Antigen (Colon)
- PSA (Prostate) / CA125 (Ovaries)
- CA 19.9 (Pancreas)

Vitamin Deficiency

- Folate/Folic Acid
- Vitamin B12
- Total Vitamin D

Urine Analysis

- Urine FEME

Add-on Test

Vitamin B12

\$20

Electrocardiogram (ECG)

\$30

Vitamin D

\$50

Ultrasound Abdomen/ Liver

\$180

Mammography + Breast Ultrasound

\$250

*Consultation included in prices.
(Prices exclude GST.)*



Cardiac Gold Screening

Advanced Cardiac Evaluation

This screening provides a thorough evaluation of your heart health using advanced cardiac diagnostics.

- Height, Weight & BMI Measurement
- Blood pressure measurement
- No Fasting required
- Pre Screening Consultation (Medical History & Physical Examination)
- Post Screening Consultation

\$1,999

Blood Cholesterol

- Apolipoprotein A1
- Apolipoprotein B
- Apo B/A1 Ratio
- Chol / HDL Ratio
- Direct LDL
- hsCRP
- HDL Cholesterol
- LDL Cholesterol
- Total Cholesterol
- Triglycerides

Haematology

- Full Blood Count
- ESR (Inflammation Marker)

Tumour Markers

- Alpha Fetoprotein (Liver)
- Carcinoembryonic Antigen (Colon)
- PSA (Prostate)/CA125 (Ovaries)

Thyroid Function

- Free T4 (FT4)
- Thyroid Stimulating Hormone (TSH)

Hepatitis

- Hepatitis A Total IgG
- Hepatitis B Antigen (HBsAg)
- Hepatitis B Antibody (HBsAb)
- Hepatitis C Antibody (HCVAb)

Vitamin Deficiency

- Folate/Folic Acid
- Vitamin B12
- Total Vitamin D

Liver Function Test

- Total Bilirubin, Total Protein , Alk Phosphate, ALT/AST & GGT

Heart

- Electrocardiogram (ECG)
- CT/Cardiac Scan (CT Coronary angiogram with calcium scoring)
- Not done in clinic

Urine Analysis

- Urine FEME

Others

- Transport Voucher for CT Scan



Women's Wellness Screening

Comprehensive Health Screening for Women

This screening focuses on early detection of breast and cervical conditions, as well as overall health.

- Height, Weight & BMI Measurement
- Blood pressure measurement
- No Fasting required
- Pre Screening Consultation (Medical History & Physical Examination)
- Post Screening Consultation

\$1,200

Blood Cholesterol

- Chol / HDL Ratio
- Direct LDL
- HDL Cholesterol
- LDL Cholesterol
- Total Cholesterol
- Triglycerides

Cervical Cancer

Appointment with a Female Doctor can be arranged

- HPV DNA
- Pap Smear

Haematology

- ESR (Inflammation Marker)
- Full Blood Count

Hepatitis

- Hepatitis A Total IgG
- Hepatitis Bs Antigen (HBsAg)
- Hepatitis Bs Antibody (HBsAb)
- Hepatitis C Antibody (HCVAb)

Stool Analysis

- Stool Occult Blood (Immunological)

Radiology/Diagnostics Scans

(Not Done on Clinic)

Transport Voucher will be provided

- Mammogram
- Breast Ultra Sound

Tumour Markers

- Alpha Fetoprotein (Liver)
- Carcinoembryonic Antigen (Colon)
- CA125 (Ovaries)
- CA 15.3 (Breast)
- Masto Check (Detection of Breast Cancer)

Thyroid Function

- Free T4 (FT4)
- Thyroid Stimulating Hormone (TSH)
- Thyroglobulin Antibody (Anti-Tg)

Liver Function Test

- Total Bilirubin, Total Protein , Alk Phosphate, ALT/AST & GGT

Add ons

- Gardasil 9 (Total 3 doses) \$250 each



Men's Wellness Screening

Screening Tailored for Men

This screening addresses male-specific health concerns, including prostate and hormone health.

- Height, Weight & BMI Measurement
- Blood pressure measurement
- No Fasting required
- Pre Screening Consultation (Medical History & Physical Examination)
- Post Screening Consultation

\$799

Blood Cholesterol

- Chol / HDL Ratio
- Direct LDL
- hsCRP
- HDL Cholesterol
- LDL Cholesterol
- Total Cholesterol
- Triglycerides

Haematology

- Full Blood Count
- ESR (Inflammation Marker)

Hepatitis

- Hepatitis A Total IgG
- Hepatitis B Antigen (HBsAg)
- Hepatitis B Antibody (HBsAb)
- Hepatitis C Antibody (HCVAb)

Hormonal & Fertility

- Testosterone

Radiology/Diagnostics Scans

- Electrocardiogram (ECG)
- Ultra Sound Prostate / Testes

Stool Analysis

- Stool Occult Blood (Immunological)

Thyroid Function

- Free T4 (FT4)
- Thyroid Stimulating Hormone (TSH)

Tumour Markers

- Alpha Fetoprotein (Liver)
- Carcinoembryonic Antigen (Colon)
- PSA (Prostate)
- CA 19.9 (Pancreas)

Vitamin Deficiency

- Folate/Folic Acid
- Vitamin B12
- Total Vitamin D

Liver Function Test

- Total Bilirubin, Total Protein , Alk Phosphate, ALT/AST & GGT

Add-on Test

Vitamin B12
\$20

Electrocardiogram (ECG)
\$30

Vitamin D
\$50

Ultrasound Abdomen/
Liver
\$180

Mammography +
Breast Ultrasound
\$250

Consultation included in prices.
(Prices exclude GST.)